



**What is this TXT Fondue program about?**

The works of the flesh go from bad to worse: they lead to sin and eventually to becoming possessed. This is why we need to focus on putting to death the works of the flesh every time. This program is the first part of a two-part study: this time we will assess whether your "old self" has really died with Christ, and in the next program, we will analyze how the "new self" functions in your life. We must put to death our flesh, but sometimes this old self resurfaces. We will look at how this happens at the level of your spirit, soul, and body. For each component of these three, we will give an example of what can cause the works of the flesh in that area. It is important to be keen about this, because the Bible says that if you break even one law, you break them all. Ultimately, you want to look more and more like King Jesus.

**How is a TXT Fondue played?**

Two teams take turns in asking each other questions. There usually are 12 questions for each team. The team that has question 1a begins with asking. After the question has been asked and in some cases a passage from the Scriptures has been read, the other team has one minute to discuss their answer. Then they give their final answer and the team that asked the question decides whether the answer is correct. Keep in mind that if your team demands strict answers, the other team will do the same.

*Not the answer but the process*

With a TXT Fondue, it's not about the answer, but all about the process. Questions will lead to new questions, which is good, but keep these thoughts until after the TXT Fondue, so that the program may continue fluently and dynamically. That is important, because a TXT Fondue is actually a sermon that is divided into chunks. It is apostles' teaching (Acts 2:42), so just like any sermon it has a structure that builds up to an application. Those who wish to go in-depth can do so afterwards.

*Referee*

Like the referee ensures that the rules of play are respected, the elder in a house feast supervises that all that is said remains Biblical (1 Timothy 4:16). There are just two rules: if someone says something unbiblical, the elder takes corrective action, like a referee in football issues a yellow card. In case of sin, he intervenes, comparable to a red card.

*Feedback*

Have you got a suggestion? Did you discover an error in a TXT Fondue program? Let us know through [HuisfeestNetwerk.org](http://HuisfeestNetwerk.org)! Questions regarding the contents can be discussed with the House Feast Network at [facebook.com/HouseFeastNetwork](https://facebook.com/HouseFeastNetwork).

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**What is the House Feast Network?**

Those who are in the house feasts intend to reach all people in their own network who have not yet been reached with the gospel.

*Networking*

Of course you are curious to see how other house feasts do things. You wish to pay each other visits, help each other, and in any case you celebrate a large feast together, three times a year. To facilitate this, we have set up a House Feast Network group on Facebook: [facebook.com/HouseFeastNetwork](https://facebook.com/HouseFeastNetwork). Elders can exchange their experiences at [facebook.com/groups/Oudsten](https://facebook.com/groups/Oudsten).

*Share impressions*

House feasts support one another by continually sharing photos in "The House Feast Network". House feasts unite because of this. We prefer that the ambience pictures you share do not intrude people's privacy.

**What is the Learnhouse?**

A collection of 84 TXT Fondue programs together form a complete training to spiritual maturity. It is composed of 7 fundaments, with 12 programs per fundaments. The program you now hold is part of the second fundament: baptism.

We recommend you to read the book of Deuteronomy while you take the 12 lessons in this fundament.

**Previous program:**  
2.08 Tabernacle

**This program:**  
2.09 Old self

**Next program:**  
2.10 New self

For an overview of all programs, see the [Learnhouse](#).

	1. Conversion	2. Baptism	3. Holy Spirit	4. Evangelization and deacony	5. Sanctification	6. Future	7. Houses
1	↓	↓					
2	↓	↓					
3	↓	↓					
4	↓	↓					
5	↓	↓					
6	↓	↓					
7	↓	↓					
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9	↓	↓	2.09				
10	↓	↓					
11	↓	↓					
12	↓	↓					



**1a. (Please read the bold text of this question aloud.)**

**A group of rich believers could not manage to be either hot or cold. They did not take a stand and they were cursed as a result. A letter to this group is written in Revelation 3:15–19:**

**I know your deeds, that you are neither cold nor hot. I wish you were either one or the other! So, because you are lukewarm—neither hot nor cold—I am about to spit you out of my mouth.**

**You say, 'I am rich; I have acquired wealth and do not need a thing.' But you do not realize that you are wretched, pitiful, poor, blind and naked.**

**I counsel you to buy from me gold refined in the fire, so you can become rich; and white clothes to wear, so you can cover your shameful nakedness; and salve to put on your eyes, so you can see.**

**Those whom I love I rebuke and discipline. So be earnest and repent.**

**Just like the rich young man, a wealthy man who wanted to become a disciple of King Jesus and asked what he needed to do to become one, this community was not willing to set everything at the stake in doing what King Jesus asked them to do. Someone from the team asking the question will lip read what this group of believers and the rich young man have difficulty with. The other team will try and guess this.**

(answer) Dedication.

**2a. Romans 8:13 tells us to put to death the works of the flesh. You can often do this by acting in the opposite spirit. When you act in the opposite spirit of greed, what do you do?**

(answer) Be giving generously.

(comment) King Jesus told this to the rich young man in Luke 18:22: "When Jesus heard this, he said to him, 'You still lack one thing. Sell everything you have and give to the poor, and you will have treasure in heaven. Then come, follow me.'"

**3a. By acting in the opposite spirit, in many situations you can put to death the works of the flesh. How did Paul respond with regard to the fortune-telling female slave?**

(answer) He acted in the opposite spirit and commanded the evil spirit to leave hear in the Name of Jesus Christ.

**4a. Someone in China chooses for the prosperity gospel, and this is why this person does not attend a house church, but the Three-Self Church. This is a government-regulated protestant church. The prosperity gospel teaches that when you believe right, everything should always go right. That is carnal ("of the flesh").**

**Name two examples from the Bible that show how you can appear to be spiritual, and yet be very carnal.**

(answer) There are several possible answers, such as:

- The pharisees.
- The parable of the Good Samaritan.
- Laodicea (see question 1a).

(comment) This can have major consequences. When someone keeps pretending and does not put his flesh to death but hides it instead, then this person later runs the risk of having all carnal things that have not been dealt with, come out unrestrained when all inhibitions fall away, for example as a result of Alzheimer's disease.



**5a. Things can go from bad to words. Carnality can turn into sin, and eventually even lead to becoming possessed. It is also possible to soothe your conscience more and more, until you are able to do nearly unconscionable deeds.**

**Song of Solomon 2:15 says that it are the little foxes that ruin the vineyards. Take Judas, a faithful follower of King Jesus. It was known that he consistently took small amounts of money from the purse, which ultimately had great consequences. He among others took blood money for treason. What should Judas have done from the beginning?**

(answer) There are two possible answers. The other team must name one of these:

1. Putting to death the works of the flesh by resisting it every time.
2. Acting in the opposite spirit by practicing generosity.

**6a. In this program, we have already spoken several times about the "works of the flesh". Use the image of baptism to explain why it is called "flesh" and not "fish" or "poultry".**

(answer) You have been made of flesh. When you are baptized, you die with Christ and you stand up in spirit. But for some reason, your old corpse wants to resurface over and over again. As spirit, you want to have nothing to do with that corpse anymore.

**7a. A twelve year old daughter of a shopkeeper had stolen some money from the cash register for herself. For her father, shoplifting was the worst thing anyone could do, and in his view it should receive the most severe punishment. For years, wrath (anger) controlled this father's behavior. He could not forgive her for what she had done, and never spoke to his daughter ever again. Even the simplest things were communicated indirectly. This is not in the spirit of King Jesus. After four years' time, the girl was severely emotionally burdened and she needed help.**

**Proverbs 29:17 contains this parenting rule: "Discipline your children, and they will give you peace; they will bring you the delights you desire." The father disciplined his daughter, but did so from the flesh: in addition to wrath (anger), he also had contempt for her. Please explain which effect this had on the parenting rule from Proverbs.**

(answer) This parenting rule went astray because the father had contempt for his daughter in her puberty.

**8a. Why can't you just let go once in a while?**

(answer) Because the danger is huge, that you fall into sin.

(comment) *1 Corinthians 16:13 says: "Be on your guard; stand firm in the faith; be courageous; be strong."*

**9a. Even though Tracy and John have taken the right steps (the correct answer of question 7a), you can assume that there is a very unpleasant atmosphere in the house. Outbursts of jealousy, feuds (enmity) and discord (factionalism) are a real risk. What attitude should Tracy and John have, to make it fun at home again?**

(answer) Even though it will be difficult and it will involve many tears and much effort, they must practice what it means to follow King Jesus, and try to restore mutual trust.



**10a. For years, a believing couple brought their children to grandpa and grandma whenever they went on holidays together. This had become a standard practice in their lifestyle. This time, they had planned a trip around the world for months in advance. However, the wife turned out to be pregnant, and their baby would be born shortly before they would go on their trip. This is why they chose to have an abortion. In this situation, what is "flesh" and what is "sin"?**

(answer) Their selfish desire to give priority to their holidays over their child is flesh; murdering their child is sin.

**11a. The believing man and woman who had an abortion, are guilty of committing murder. What should they do now?**

(answer) Confess their sins, ask for forgiveness, and do penance for the sin of murder.

(comment) *In the Old Testament, this couple would be stoned to death. These days, the situation is that they are not publicly punished for it. It is, however, a serious matter that must be dealt with spiritually.*

**12a. According to 1 Corinthians 6:19, after you have been baptized you are a temple of the Holy Spirit. Please explain which practical implications this has.**

(answer) Every believer in King Jesus is a priest, meaning you have the responsibility to take good care of the temple. This among others means to not eat or drink excessively, but also not letting it starve or dry out.

(comment) *1 Peter 2:9 calls us a royal priesthood. If someone is unable to be active in the service of King Jesus, even though we have been appointed to carry out this task, then this is a serious sin. About this, Ephesians 2:10 says: "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do."*

**Closing question (both teams): In this program, we have discussed your "old self", which you want to give up. Close with a corporate prayer, in which you:**

**1. openly do penance for your sins and ask for forgiveness, and**

**2. confess the works of the flesh and pray for strength to not do them anymore.**

**Subsequently, it would be very good to pray together for one another, and to celebrate the Lord's Supper.**



**1b. The group of believers in Laodicea thought they were rich, but the Bible among others calls them poor, blind and naked. Which solution does the Bible name for each of these problems?**

(answer)

1. Poor: buy gold that is refined in the fire
2. Blind: put salve on the eyes
3. Naked: buy white clothes

**2b. In the days of Paul, there was a female slave, who was possessed by a fortune-telling spirit. She told people what their future would be like for money. Acts 16:17-18 says:**

**She followed Paul and the rest of us, shouting, "These men are servants of the Most High God, who are telling you the way to be saved." She kept this up for many days. Finally Paul became so annoyed that he turned around and said to the spirit, "In the name of Jesus Christ I command you to come out of her!" At that moment the spirit left her.**

**In Leviticus 20:27, God the Father forbids contact with the dead and fortune-telling. Being involved with fortune-tellers is a form of unfaithfulness to God the Father. Will you always be bound or possessed by demons after you had a consult with a fortune-teller? Please explain.**

(answer) Yes, because it is as though that person ties you to evil. It is even worse when you become possessed.

(comment) As we saw in TXT Fondue 2.07 about idols, voluntarily partaking in occult practices has a direct effect on your spirit, where the Holy Spirit wants to live.

**3b. King Jesus told His disciples about what were to happen to Him. His disciple Peter responded with a carnal remark, that came forth from his "old self", to which King Jesus replied: "Get behind me, Satan!" What did Peter say?**

(answer) "That you suffer and die will not happen to you."

(comment) This is written in Matthew 16:21-23:

*From that time on Jesus began to explain to his disciples that he must go to Jerusalem and suffer many things at the hands of the elders, the chief priests and the teachers of the law, and that he must be killed and on the third day be raised to life.*

*Peter took him aside and began to rebuke him. "Never, Lord!" he said. "This shall never happen to you!"*

*Jesus turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; you do not have in mind the concerns of God, but merely human concerns."*



**4b. (Please read the bold text of this question aloud.)**

**The apostle Paul also was struggling with an inner conflict between the works of the flesh and the works of the Spirit. The team asking the question will demonstrate using pantomime how he felt about this struggle. The other team will try and guess this.**

(answer) He cried out: "What a wretched man I am! Who will rescue me from this body that is subject to death?"

(comment) He wrote this in Romans 7:24.



**5b. In many churches, there is lots of discussion going on. Some people are masters of debate, while others get annoyed. What is the danger that hides in discussion?**

(answer) Quarreling (fighting) and strife (snarling).

(comment) *Debating in a good way is allowed, but discussing can result in quarreling and strife, and those are works of the flesh.*

**6b. In an important meeting of missionaries, someone clearly says: "I think it should be like this", and he tries to convince the group that he is right. How can you, as a listener, discover whether this is flesh or spirit?**

(answer) We must test everything.

(comment) *This is written in 1 Thessalonians 5:21 (CJB): "But do test everything — hold onto what is good."*

**7b. The father didn't have his rage under control. It is a bad characteristic trait. How does he get rid of it?**

(answer) We must always maintain control over our feelings, so we do not sin.

(comment) *Ephesians 4:26 says: "In your anger do not sin": Do not let the sun go down while you are still angry." In Matthew 5:22, King Jesus also calls upon us to do so: "But I tell you that anyone who is angry with a brother or sister will be subject to judgment."*



**8b. Tracy and John are married. Both are believers and both have been baptized. However, Tracy has committed adultery. What does the Bible say about what they must do? Choose from:**

- a. John sends Tracy away. They divorce and can both remarry.
- b. Tracy goes into seclusion for some time; John later takes her back.
- c. John and Tracy stay together for the sake of their children.
- d. They seek a mentor for pastoral care and keep trying for some time.

(answer) The correct answer is: "b. Tracy goes into seclusion for some time; John later takes her back."

(comment) *When a man commits adultery, he must be stoned to death. When a woman commits adultery, she must be sent away (with a certificate of divorce for penance and consciousness of sin). When someone marries a woman who is sent away, he commits adultery.*

*Leviticus 20:10 says: "If a man commits adultery with another man's wife—with the wife of his neighbor—both the adulterer and the adulteress are to be put to death."*

*In Matthew 5:31–33, King Jesus says: "It has been said, 'Anyone who divorces his wife must give her a certificate of divorce.' But I tell you that anyone who divorces his wife, except for sexual immorality, makes her the victim of adultery, and anyone who marries a divorced woman commits adultery. Again, you have heard that it was said to the people long ago, 'Do not break your oath, but fulfill to the Lord the vows you have made.'"*

*A man who has sent away his wife, has to keep his vow, that he will remain faithful to his wife. This is why he can later take back his wife (provided that she lives in a country where the law requires her to be stoned to death).*





**9b. The marital crisis of Tracy and John has caused much suffering. Who was injured the most?**

(answer) King Jesus, the owner of the spirit, the soul and the body of Tracy and John.

(comment) *After your baptism, you no longer own yourself, but King Jesus lives in you. King Jesus taught us in Matthew 6:10, that we should pray: "Your will be done", not my will.*

**10b. The works of the flesh immediately affect your life. Works of the flesh are different from sins, but they could eventually cause you to sin. What is the ultimate result of sin?**

(answer) Romans 6:23a says: "For the wages of sin is death."

(comment) *Sins are those deeds, that separate you from God the Father. It causes you to miss your mark.*

**11b. God the Vader has made eating and drinking a vital part of our lives, but it could also dominate your life. Someone who is addicted to eating or drinking must put the works of the flesh to death, and practice self-discipline. If you are addicted to eating or drinking, then who or what does the Bible say is your god?**

(answer) Your belly (or stomach).

(comment) *This is written in Philippians 3:19.*

**12b. In John 6:51, King Jesus says: "I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world." What else did King Jesus say about bread?**

(answer) There are two possible answers. The other team must name one of these:

"Man shall not live on bread alone, but on every word that comes from the mouth of God."

"This is my body given for you; do this in remembrance of me."

(comment) *The first quote is from Matthew 4:4. It means that there are other important things besides eating. The second quote is from Lukas 22:19b. We commemorate this with the Lord's Supper.*

**Closing question (both teams): In this program, we have discussed your "old self", which you want to give up. Close with a corporate prayer, in which you:**

**1. openly do penance for your sins and ask for forgiveness, and**

**2. confess the works of the flesh and pray for strength to not do them anymore.**

**Subsequently, it would be very good to pray together for one another, and to celebrate the Lord's Supper.**